Cashews are placed in the bowl, the amount per pile corresponds to letters 2, 18, 1, 19, 19, 3, $1 \rightarrow BRASSICA$

Braille in bottom left corner of the screen (is upside down) in oats

$$\rightarrow$$
 OLERACEA

Apple slicing in morse

Bonus but not needed to get the answer: Colors on the last frame are Violet Aquamarine Red → VAR

Brassica Oleracea var. Botrytis + $S \rightarrow$ answer is CAULIFLOWERS